

# Candida-Check

## Vaginal Yeast Test for home use

### Instructions for use

Device for self-testing

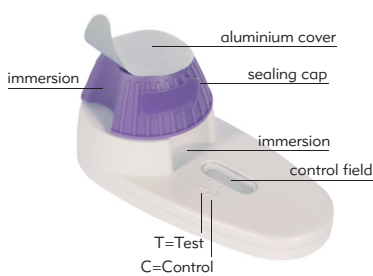
Please read the instructions completely before beginning with the test performance.

A qualitative rapid diagnostic self test for the detection of Candida antigens in vaginal secretions sampled by a swab. The kit is to be used by women who complain of vaginal symptoms.

#### When should you use the test?

If you notice one or more of the following symptoms you might have caught a vaginal yeast infection. The application of the test is recommended. The test traces vaginal yeast in the vaginal secretion (cervical mucus).

- Acute itches in the genital area
- Vaginal, stinking discharge
- Rash in the outer genital area
- Burning in the genital area during intercourse or urination



#### Application

##### Preparation

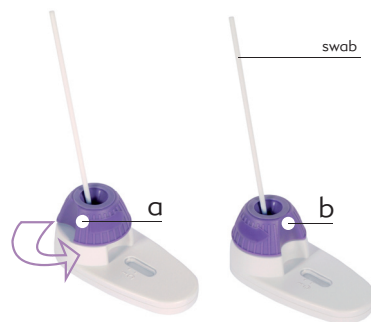
1. Perform the test at room temperature (15-30°)
2. Have a watch ready for timing
3. Wash your hands before performing the test
4. Take out the test and smear pad shortly before beginning to test
5. Do not use if the protective foil, desiccant or the aluminium cover of the sealing cap are damaged

#### Test performance

1. Remove the test cassette from the protective foil and place it on a dry and plain surface. Take the smear swab out of the protective foil.
2. Hold the test cassette with one hand onto the pad and remove the aluminium cover from the sealing cap with the other hand. ATTENTION: The sealing cap includes a liquid that must not run out!
3. Insert the smear swab into the vagina until your hand touches the outer labium. Now turn the smear swab around for 5 times in order

to receive samples of different areas of the vaginal wall. Then remove the smear swab carefully from the vagina.

4. Dip the smear swab into the immersion of the sealing cap (see illustration a) and stir 10-15 times. This mixes the vaginal secretion with the liquid in the sealing cap.



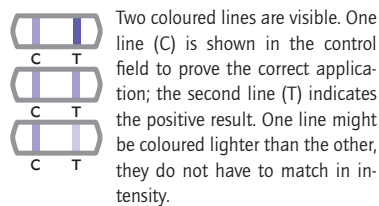
5. Now hold the test-cassette with one hand onto the pad and turn the sealing cap with the other hand in direction of the arrow, anti-clockwise all the way to the stop (see illustration a). The immersions of the upper and lower part must exactly fit onto each other (see illustration b).

Please note: If you cannot see a bluish-white movement in the result field you might repeat step 3- step 5 by bringing the sealing cap in basic position (see illustration a) and then turning it into the final position (see illustration b). It is important that the final position of the upper and lower part lie on top of each other (see illustration b).

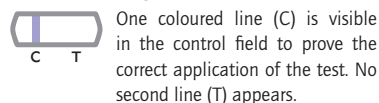
6. You can read the result after 5-10 minutes. Do not read the result after 20 minutes.

#### Interpretation of result

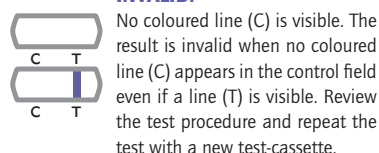
##### POSITIVE:



##### NEGATIVE:



##### INVALID:



#### Precautions

- A negative test result does not exclude other infections
- Do not eat, drink or smoke when performing the test
- Keep away from children
- Do not use the test within 7 days after taking medication against vaginal yeast infections
- Do not use the test within 24 hours after applying cream, gel, foam, rinsing solution or other products for vaginal use

#### Content:

- 1 test cassette + 1 bag with desiccant
- 1 smear swab
- 1 instructions

#### Questions and answers

##### What shall I do if the test result was negative but the complaints persist?

Please consult a physician. He/she could diagnose other infectious diseases.

##### What shall I do if the result was positive?

You can use a non-prescription medication from the pharmacy or to consult a physician. We wish to point out that the application to the fact that the application of this test provides you with a highly reliable result, but a final diagnosis can only be given by a physician.

##### How do I know that I used the smear swab correctly?

You will know as soon as the control line becomes visible. The test is sufficiently sensitive to trace even small amounts of vaginal yeast.

##### The test kit fell down. Can I still use it?

You can use the test as long as all components are intact. But if one of the test components is damaged the test can no longer be applied.

##### Is there a preferable daytime for applying the test?

No. The test can be performed at any daytime.

##### What shall I do if parts of the liquid run out of the sealing cap when I remove the aluminium cover or afterwards?






The test is invalid in these cases. The amount of liquid in the sealing cap is essential for the correct function of the test.

##### Can I still use the test when the unpacked smear swab fell down without the protective foil?

No. Due to hygienic reasons we advise you not to insert a not-intact smear swab into the vagina.

##### I turned the sealing cap erroneously before I removed the aluminium cover or before I put the smear swab into the sealing cap: Is it possible to bring it back into the basic position and to perform the test?

No. As soon as the upper part of the test has been turned you cannot change it back. The test is now invalid.

 Follow instructions	<b>IVD</b> For in-vitro diagnostics only (use outside body)	 See imprint on package
 Store dry at 2-30°. DO NOT FREEZE!	 Tests per box	 Do not reuse
		<b>LOT</b> See imprint on package

www.candida-check.nl



Instructions English  
Information as of: February 2011



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